



Workshops, guided experiences and day-trips

FIELD TO TABLE

A walk among the meadows, orchards and kitchen garden at Masseria Palesi, foraging for wild herbs and edible plants, and picking delicious vegetables.

Description: an experience during which you'll learn how to recognise and pick wild herbs, and how to use their flowers and leaves in the kitchen to make traditional frittatas, colourful salads, side dishes and mouth-watering sweet treats.

A workshop on tending a vegetable patch, picking wild herbs and cooking with seasonal produce grown at the Masseria.

Route: easy, around the meadows and grounds of the estate.

Note: wear sneakers and comfortable clothing.

Duration: 2.5 hours.

Guide fee: 100 euros, incl. VAT.

Organization: Cooperativa Serapia